



# Back To Life Chiropractic

6225 W Highway 146 B · Crestwood, KY 40014  
 www.BackToLifeChiropracticKY.com · 502=241-1122

## Chemical Irritants

1. Lactic Acid
2. K+  
(Potassium)
3. PGE-2  
(Prostaglandin E-2)  
*\*aspirin inhibits this one*
4. LTB-4  
(Leukotriene B-4)
5. GAGS  
(Glycosaminogycans)
6. Histamine
7. 5-HT  
(Serotonin)
8. BK  
(Bradykinin)

Anti-inflammatory Supplements	Helps inhibit these chemical irritants (See column on left)
1. Mg (Magnesium) (Formula 249- Men) (Formula 360- Women)	1 and 2
2. Multiple with Minerals (Formula 249 -Men) (Formula 360 - Women)	1 and 2
3. Antioxidant Flavanoids (Formula 249 or 360)	1 - 7 1 - 8
4. EPA ( Eicosapentaenoic Acid)(Fish Oils) (Biomega-3)	3, 4, and 7
5. Ginger (Ginger, Turmeric, Boswellia, Onions and Garlic) (MobiJoint)	3, 4, and 7
6. CS and Glucosamine (MobiJoint)	5
7. Bromelain (Intenzyme Forte) <i>taken in between meals.</i>	8

<p>Coupon \$2 Off All Supplemental Products In Office (limit 3) Tear Off</p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Formula 249- Men</li> <li><input type="checkbox"/> Formula 360-Women</li> <li><input type="checkbox"/> Biomega-3</li> <li><input type="checkbox"/> MobiJoint</li> <li><input type="checkbox"/> Intenzyme Forte (see special instructions)</li> </ul>
--	--