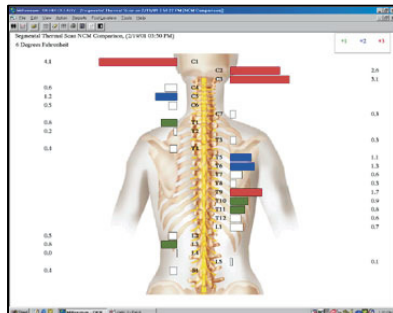


“Connecting to Wellness” Cheat Sheet

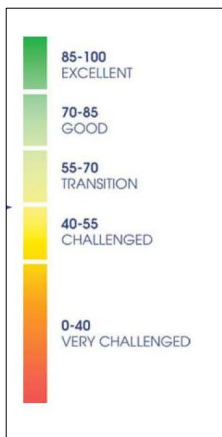
1 Corinthians 6:19-20

Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.

NERVOUS SYSTEM TEST - THERMAL SCAN



1. Have a thermal scan from a diagnostic center or clinic that has capability or make an appointment at our office for scan.



OPTION 1:
(SCORE PRINTED)
Write Results from *THERMAL Scan*:
Score _____

OPTION 2:
(NO SCORE PRINTED)
CHECK RESULTS FROM SCAN:

BLACK/RED: CRISIS

BLUE/GREEN: AVERAGE

WHITE: WELLNESS

MARK SCORE BELOW

If your total score adds up to 80-100 score yourself a 3. 55-79 score is a 2. 0-54 score yourself a 1.

0-54

55-79

80-100

1 SICKNESS · CRISIS	2 AVERAGE	3. PREVENTION · WELLNESS
www.connectingtowellness.com		

RE-EVALUATE

30 DAYS 45 DAYS 90 DAYS 120DAYS 1/2 YEAR __ YEAR

DATE _____ NAME _____

THERMAL TEST	SCORE	
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