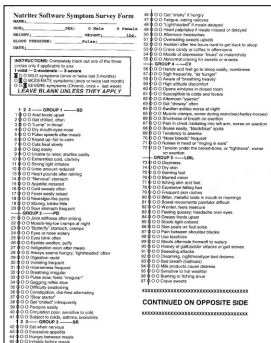


“Connecting to Wellness” Cheat Sheet

1 Corinthians 6:19-20

Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.

NUTRITIONAL TEST - Nutritec Symptom Survey Form



1. Fill out Nutritec Symptom Survey Form.

EACH SECTION REPRESENTS A SYSTEM OF THE BODY

Write Results from *Nutritec Symptom Survey Form*:

SD _____ PD _____ SR _____ CV _____ LBIL _____ DIG _____

HT _____ hT _____ HP _____ hP _____ HA _____ hA _____

FEMALE _____ MALE _____

TOTAL SCORE

If your total scores add up to 0-5 score yourself a 3. 6-12 your score is a 2. 13 and greater give yourself a 1.

13 <

6-12

0-5

1 SICKNESS · CRISIS	2 AVERAGE	3. PREVENTION · WELLNESS
www.connectingtowellness.com		

RE-EVALUATE

30 DAYS 45 DAYS 90 DAYS 120DAYS 1/2 YEAR __ YEAR

DATE _____ NAME _____

SP Outcome Assessment TEST	SCORE	
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