

“Connecting to Wellness” Cheat Sheet

1 Corinthians 6:19-20

Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.

NERVOUS SYSTEM TEST - Nutritec Symptom Survey Form

Nutritec Software Symptom Survey Form
 NAME: _____ SEX: Male Female
 ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____
 PHONE: _____ FAX: _____
 E-MAIL: _____

INSTRUCTIONS: Carefully mark out one of the three choices that apply to you.
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1. Fill out Nutritec Symptom Survey Form.
SD is for Sympathetic Nervous System and PD is for Parasympathetic Nervous System

Write Results from Nutritec Symptom Survey Form:

SD _____

PD _____

Normal is no results.

TOTAL SCORE

If your total scores add up to 0-5 score yourself a 3. 6-12 your score is a 2. 13 and greater give yourself a 1.

13 <

6-12

0-5

1 SICKNESS · CRISIS	2 AVERAGE	3. PREVENTION · WELLNESS
www.connectingtowellness.com		

RE-EVALUATE

30 DAYS 45 DAYS 90 DAYS 120DAYS 1/2 YEAR __ YEAR

DATE _____ NAME _____

SP Outcome Assessment TEST	SCORE	
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