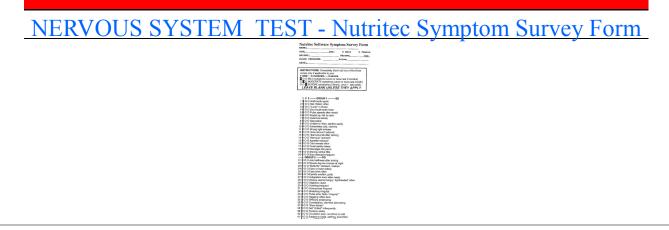
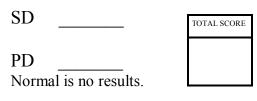
## "Connecting to Wellness" Cheat Sheet 1 Corinthians 6:19-20

Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.



1. Fill out Nutritec Symptom Survey Form. SD is for Sympathetic Nervous System and PD is for Parasympathetic Nervous System

Write Results from Nutritec Symptom Survey Form:



If your total scores add up to 0-5 score yourself a 3. 6-12 your score is a 2. 13 and greater give yourself a 1.

